





4 Types of BULLYING

			
<p>Hitting, kicking, slapping, pinching, spitting, tripping, pushing, blocking</p> <p>Stealing or destroying someone's possessions</p> <p>Making mean or rude hand gestures</p> <p>Touching in unwanted and inappropriate ways</p>	<p>Name calling</p> <p>Insults</p> <p>Teasing</p> <p>Intimidation</p> <p>Homophobic or racist remarks</p> <p>Inappropriate sexual comments</p> <p>Taunting</p> <p>Threatening to cause harm</p>	<p>Lying and spreading rumours</p> <p>Leaving someone out on purpose</p> <p>Telling others not to be friends with someone</p> <p>Embarrassing someone in public</p> <p>Damaging someone's reputation or relationship</p>	<p>Posting/sending hurtful texts, emails or posts, images or videos</p> <p>Making online threats</p> <p>Imitating others online or using their log-in</p> <p>Deliberately excluding others online</p> <p>Spreading nasty rumours online</p>