## 2022-2023 Foundation Stage 1 Rainbows Curriculum Overview

|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
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| Topic | All about me <br> - Amazing me (How do I feel?) <br> - My family <br> - My home | Our lives <br> - Pets <br> - Local environment <br> - Healthy Bodies (bedtime routine) <br> - Birthdays <br> - Christmas | Where we live <br> - Amazing me <br> - (confidence) <br> - Different families <br> - Lets go... <br> - Lets go on holiday <br> - Weather | Our world <br> - Healthy bodies (fruit) <br> - Oceans <br> - Jungles <br> - Farms <br> - Animal babies <br> - Farms | Exploring living things <br> - Growing <br> - Healthy bodies (vegetables) <br> - Mini beasts in the garden <br> - Mini beast life cycles <br> - Mini beasts in the pond | We allbelong <br> - Special occasions <br> - Brilliant buildings <br> - People who helps us <br> - Dinosaurs <br> - Imaginan.....anide |
| Writing Focus | - Mark making and drawing with a range of tools and equipment. | - Says what their marks mean. | - Shows consideration when mark making. <br> - Starts to take their time changing their tool as the marks progress. | - Copies with increasing control. | - Starting to make shapes that are recognisable as preletter shapes. <br> - Starts to write name as a shape | - Writes their name and identify their name |
| Phonics | Phase 1 <br> Aspect 1 environmental sounds | Phase 1 Aspect 2 Instrumental sounds | Phase 1 <br> Aspect 3 <br> Body percussion Begin to introduce <br> Phase 2 GPC | Phase 1 <br> Aspect 6 Voice sounds Begin to introduce Phase 2 GPC | Phase 1 <br> Aspect 4 <br> Rhythm and rhyme Begin to introduce <br> Phase 2 GPC | Phase 1 <br> Aspect 5 Alliteration Begin to introduce Phase 2 GPC |
| PSED | - Amazing me Emotions | - Healthy bodies Bedtime routines | - Amazing me confidence | - Healthy bodies fruit | - Healthy bodies vegetables | - PANTS |


|  |  | Flexibility and spatial awareness <br> - Choose the physical skills to tasks and activities in the setting. (run across a plank, depending on its length and width.) <br> Hand eye <br> coordination <br> - Dominant hand eating <br> Seated floor <br> - Balance and control secure tool (tricycle) | Footwork <br> - Move around the environment <br> - Ball skills <br> - Kick large ball into open space | Flexibility and spatial awareness <br> - Large movement eg waving flags <br> - Understand over, under and impact of movements Hand eye coordination <br> - Put on coat on <br> On a line <br> - Walking up and downstairs | Jumping and Landing <br> - Jump up and down and move different ways <br> Hand eye coordination <br> - Using one handed tools <br> On a line <br> - Increase balance on climbing apparatus <br> - Alternate feet <br> Strength <br> - Work with others to move heavy objects eg planks | Ball Chasing <br> - Adjust speed or direction when playing games. Hand eye coordination <br> - Sequences and patterns of movements which are related to music and rhythm <br> Balance <br> - Increasing balance and control by, for example, climbing up apparatus, using alternate feet. | Footwork <br> - Run skilfully and negotiate space successfully, adjusting speed or direction to avoid obstacles. Hand eye coordination <br> - Group activities which I make up for myself, or in teams |
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|  |  | Control <br> - Whole hand grasp Dexterity <br> - Knowing grasp needed | Control <br> - Wrist movement when using crayons/brushes/c halks <br> Dexterity <br> - Manipulate <br> - Objects rolling, squeezing | Control <br> - Marks on large paper <br> - Circular movements left to right and up to down Dexterity <br> - Cylindrical grasp | Control <br> - Symbolic mark marking when drawing. Dexterity <br> - Knows how to manipulate objects rolling squeezing | Control <br> - Tools safely. Dexterity <br> - Digital Grasp Pupils when making marks. This might involve using all five fingers. | Control <br> - Wash and dry my hands. <br> Dexterity <br> - Comfortable grip with control when using resources |
| $\begin{aligned} & \text { n } \\ & \stackrel{\rightharpoonup}{0} \\ & \stackrel{0}{2} \end{aligned}$ |  | - Points in sequence to a number of objects. | - Starts to use some number names and starts to ascribe names to objects in a rhythmical way. | - Can identify 1 and 2 objects when asked. | - Subitize and count to 3. | - Count up to 5 starting to understand cardinal principle. | - Uses number in play. <br> - Can identify numerals to 5 |


|  | - Counts rhythmically and can count in songs and rhymes. | - Starts to use number comparison language. | - Enjoys counting as far as they can and uses numbers in their play. | - Can say what number comes next when counting an singing number songs. | - Can use more than to identify different groups. | - Can identify when two groups have the same number. |
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| $\begin{aligned} & \text { § } \\ & \text { ज } \end{aligned}$ | - Can build using different equipment of different sizes and shapes. | - Can talk about their models and what they used to build their models identifying different bricks and colours, for example. | - Can sort using simple criteria. | - Starts to identify simple patterns. | - Can make simple comparisons. | - Starts to use simple shape names. |
| UTW | - Talk about my immediate family. <br> - Show an interest in the lives of people who are familiar to me. <br> - Name and describe people who are familiar to me. <br> - Knows where they live. <br> Link to homes and appliances- see working scientifically. | - Knows what pets are and how to care for them. <br> - Physical features of immediate environment <br> - Family customs and routines <br> - Significant events in their lives <br> - Christmas nativity intro <br> Linked to celebrations - see working scientifically. | - People who are important to them <br> - Different families and lifestyles comparisons <br> - Human features in immediate environment <br> - Taking an interest in other countries human and physical features <br> - Comparison between other countries <br> - Transport air, water and land <br> - Observing weather and seasonal changes | - Observations of the sea <br> - Observations sea creatures and begin to make comparisons <br> - Understanding different animals live in different countries and habitats <br> - Comparison of jungle to area they live <br> - Animal babies and change <br> - Knowing what a farm is, how food is produced <br> - Easter as a celebration <br> Explore making bread- see working scientifically | - Beginning to know what plants need to live <br> - Observing plants change over time <br> - Knows we grow our food <br> - Observations of mini beasts and how to care for them <br> - Observing change overtime in mini beasts <br> - Comparison of features of mini beasts <br> - Comparison of land and water mini beasts | - Significant occasions in their lives <br> - Significant buildings <br> - Taking an interest in different occupations <br> - Introduce the concept of community <br> - Observations of dinosaurs <br> - Introduce concept of time-before their family <br> - Observations of space and night sky |

## Drawing

- Gain control over the marks
- Move in different ways to make different marks.
- Whole arm , wrist and hands when mark making


## Painting

- Experiment with blocks of colours and marks.
- Paint the entire page to cover the background
Colour
- Notice objects their favourite colour.


## Multimedia

- Experiencing different textures and sensory activities.
- Show an interest in and describe (simple vocabulary) the texture of objects.
- Various construction materials.


## Make

- Building blocks Stage 2: Stacking, Rows and Towers or Repetition, line up blocks.
- Stack blocks one on top of the other for a vertical tower.
- Lay blocks on the floor in rows.
- Repetitions in "building" determines the next step in block play.
- Make snips in paper while moving the scissors forward across the paper (about 6 inches long).
Technical knowledge
- Imitate how an adult uses tools.
- Engage and explore using a range of tools in the environment with the support of an adult


## Drawing

- Begin to give drawings meaning. e.g., Drawing a line and saying, "That's me"
- Knows what they are going to draw
- Drawings stay on the page.


## Painting

- Experiment with applying paint with a brush using different movements, e.g., dabs, splodges, sweeps.


## Colour

- Name the colour of objects.
- Sort objects according to their colour.


## Multimedia

- Experience different textures and sensory activities.
- Show an interest in and describe (simple vocabulary) the texture of objects.
- Various construction materials.


## Make

- Building blocks Stage 3: Bridges and Passageways Experiment with creating bridges, with two blocks supporting.
- Experiment how to balance blocks.
- Imagination in construction, for example, props such as cars and trucks turn blocks in roads.
- Cut in a straight line with a helping hand.


## Technical knowledge

- Relate tools to a specific purpose.


## Drawing

- Marks have meaning


## Painting

- Large paintbrushes


## Colour

- Explore mixing colours

Multimedia

- Manipulate materials to create shapes
- Select resources due to preference


## Design

- Create items of personal interest. Environment/images to support the decision of what to create.


## Make

- Create enclosures and spaces
- Large expanded construction
- Imaginative play with construction and added resources
- Cut curves lines


## Technical knowledge

- Joins construction pieces together to build and balance


## Evaluation

- Chooses to play with my creations.

